



## NISGA'A SCHOOL DISTRICT #92

### DAILY HEALTH ASSESSMENT

It is an expectation of the Nisga'a School District that parents will assess their child's health daily. If a child is sick they should NOT come to school. The following checklist can be used to complete the daily health check.

1. Symptoms of Illness	Does your child have any of the following symptoms?	YES	NO
	Fever		
	Chills		
	Cough or worsening of chronic cough		
	Shortness of breath		
	Sore throat		
	Runny nose		
	Loss of sense of smell or taste		
	Headache		
	Fatigue		
	Diarrhea		
	Loss of appetite		
	Nausea or vomiting		
	Muscle aches		
	Conjunctivitis (pink eye)		
	Dizziness, confusion		
	Abdominal pain		
	Skin rashes or discoloration of fingers or toes		
2. Travel	Have you or anyone in your household returned from travel outside of the Northern Health Region in the last 14 days?		
3. Confirmed contact	Have you or anyone in your household had confirmed contact with someone who has/had COVID-19?		

- If you answered "YES" to any of the questions and the symptoms are not related to a pre-existing condition (eg. allergies) your child should NOT come to school.
- If your child is experiencing ANY symptoms of illness, contact a healthcare provider for further assessment. This includes 8-1-1, or a primary care provider like a physician or nurse practitioner.
- If you answered "YES" to questions 2 or 3, use the COVID-19 Self-Assessment Tool <https://bc.thrive.health/covid19/en> to determine if your child should be tested for COVID-19.

I agree to complete the Daily Health Assessment for my child every day before sending him/her to school.

Signed: \_\_\_\_\_

Date: \_\_\_\_\_

Print name: \_\_\_\_\_

Child's name: \_\_\_\_\_